

Attendees:

Renae Moch (BBPH), Theresa Schmidt (BBPH), Sue Kahler (BBPH), Theresa Liebsch (Vision Zero), Tricia Brown (Legacy Medical), Jason Stugelmeyer (Bismarck PD), Bea Kaiser (Bismarck Public Library), Brad Brown (West Central Human Service Center), Cassandra Scherr (Community Options), Dawn Marquardt (Parent), Jason Tomanek (City of Bismarck), Jena Gullo (United Way), Lynden Ring (West Central Human Service Center), Marcia Schauer (CHI St. Alexius), Melanie Hanson (Centre Inc.), Carrie Sorenson (Great Plains), Katie Fitzsimmons (NDSU), Kaitlin Weiss (Western Plains Public Health), Kodi Pinks (NDDHHS), Mark Heinert (Youthworks), Luke Gardiner (Bismarck PD), Dick Dever (ND State Legislator), Tyler Kientopf (Sanford), Jeanine Hebert (Western Plains Public Health), Randy Ziegler (Bismarck PD)

Total Attendance: 25

Welcome/Introductions

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)

Renae welcomed everyone and asked everyone to place their name in the chat.

Better Bismarck Campaign

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)

Renae gave an update on the Better Bismarck campaign, the purpose of this funding is to streamline and improve services for individuals in crisis experiencing chronic homelessness, addiction and behavioral health issues in the City of Bismarck. Applicants may submit a budget requesting up to \$25,000. Applications need to be submitted by 5:00pm on May 1, 2023. The Steering & Selection Committee Recommendations will be confirmed by May 15th, 2023 and funds will be distribute by June 1st, 2023. Dates could be modified based on extension of proposal deadline.

BMBHC Milestones

Renae Moch, Director, Bismarck-Burleigh Public Health (BBPH)

Renae gave an update on the history of the coalition. The coalition started in June of 2017 and was called the Gold Star Tact Force but was later changed to the Burleigh Morton Behavioral Health Coalition. It was formed to address behavioral health and addiction issues in the community. Renae gave a timeline of events since the coalition was first formed (see attached).

Renae gave an updated on the intoxication calls to the Bismarck PD; in 2015, there was 450 calls. In 2020, West Central Human Services started the Mobile Crisis unit to respond to behavioral health emergencies and opened social detox beds to include those that are not West Central clients. These beds are for intoxication/withdrawal management as well as acute mental health care. In 2022, there was 170 calls to the PD.

Subcommittee Updates

Prevention & Education Subcommittee

Drug Free Communities (DFC) Grant- Sue Kahler

Sue gave an update on the Drug Free Community Grant. This grant focuses on underage alcohol and marijuana use. One student from the student committee recorded a radio ad that focuses on communication between youth and parents and how important it is. Sue also discussed the upcoming project, "Eyes on Your Cooler" with McQuade's softball. The goal of this project is to deter youth from grabbing alcoholic beverages by having adults place the "21+ Only" sticker on their coolers.

Each coalition member will receive a survey on underage marijuana use. This survey helps create a better understanding of underage marijuana use happening in our community and the coalition will use this information for future coalition efforts.

Vision Zero – Theresa Liebsch

Theresa discussed a program called Vision Zero Schools, it's been around for two years. They want to implement driving safe in every school by establishing this peer to peer program. This allows students to encourage other students to drive safe. This last legislative session they were able to get a primary law for seat belts; in 2022, 66.7% of fatalities were not wearing a seat belt. This law goes into effect on August 1st, 2023. Theresa also shared the Click-It for Coffee at Balancing Goat on Tuesday, May 30th from 6am-6pm. Those who are wearing their seat belts will get a discount.

SOR Grant – Sue Kahler, SAP Coordinator

There has been 12 Community Narcan Trainings held throughout 2023; in partnering with Heartview Foundation and ND Safety Council, along with individual training through Bismarck-Burleigh Public Health, there has been 188 people trained this year and have provided 221 Narcan Overdose kits (Community Trainings, UTTC, U of Mary Nurse Association, Capital Electric, Fairfield Inn, Native Inc, New Song Church). BBPH has deterra bags available to the public, they also have Dispose RX available. Simply add water to a prescriptions vial of unused medications, pour the DisposeRx powder in container and shake for 30 seconds. This can be safely thrown into the trash.

They partnered with 15 pharmacies, to provide Opioid Education Kits to those who have a opioid prescription. If a patient is prescribed an opioid, they will also be provided with FREE Narcan, information on how to administer the Narcan from your pharmacist, along with a deterra bag to dispose of any unused opioids. This year, they have given out 249 kits. They are also working with providing Narcan with each AED in the community.

BBPH hosted 4 take back events in 2022, two were hosted at the Burleigh County Senior Center, one at University of Mary and another one Wing Senior Center. There was total of 98.12 lbs of unused medications collected during these four events. The next take back event will be at the Burleigh County Senior Center, May 31st from 8am-12pm.

Intoxication/Withdrawal Management

Deputy Jason Stugelmeyer, Bismarck Police Department

Deputy Stugelmeyer shared numbers for Intoxication Management. In quarter one of 2023, there has been 49 intoxication individuals. Community partners are helping with keeping the PD intoxications numbers low. When someone goes into jail with intoxication management, those individuals are taken to the hospital to be cleared for detox and have a doctor sign off. They are not charged with a criminal offense and are released after 8 hours or when their BAL level has dropped below a certain point.

Deputy Stugelmeyer also shared from quarter one there was 28 overdoses in 2023, and 31 in 2022. From those overdoses there was 4 fentanyl deaths in 2023 and 2 fentanyl deaths in 2022. They had zero overdoses for youth under the age of 18 years old.

Lynden Ring, West Central Human Service Center - Emergency Crisis Services—Lynden states that they have 10 beds, instead of 12 due to staffing. In March, they had 55 admissions, 24 were for intoxication management and in April, they had 49 admissions with 31 of those were for withdrawal management. Primary referral continues to be from the crisis services unit.

Brad Brown, West Central Human Service Center--Brad gave an update on the Crisis Call lines, 44% are being referred to a Human Service Center. From Jan to March, there has been 1,928 calls into the crisis call center.

Brad showed and explained the Behavioral Health website. You are able to find behavioral health services, mental health services, addiction services and promotion/prevention efforts in the community. In ND, the 211 system provides health and social service assistance information and referrals. FirstLink, responds to both 211 and 988 calls in the state. 911 remains the system for emergencies. The state continues to coordinate 988 and 911 systems to allow referrals when needed (see attached).

Dr. Tricia Brown, DNP, APRN, FNP-BC; Legacy Medical - Mosaic Community Triage—Tricia was able to get the legislation changes where the credentials for the 3.7 withdrawal was moved from Dept of Health to Dept of Behavioral Health. She looked at a few buildings and has met with Northwest Contracting, there is a lot of restrictions to follow. Tricia has the CBDG Grant and has applied for a few other grants.

Kodi Pinks – NDDHHS

Kodi shared that in 2022, there was 6 drug overdose in the 10-19 age group across the state and in 2023, there has been 1 overdose case. Overall in 2022, there was 129 overdoses state wide and in 2023, there has been 24. In 2022, 88 cases involved fentanyl.

Kaitline Weiss – Western Plains

Custer Health changed their name on May 1st to Western Plains. Open House is on May 17th from 3:30pm-6pm 403 Burlington St. SE, Mandan (See attached flyer).

Assignments/Next Meeting

Aug 8th, 2023 from 10am-11:30am
Location to be announced (in-person)

Meeting Adjourned at 11:30am
Meeting minutes taken by: Kat Zimmerman (BBPH)

BURLEIGH-MORTON BEHAVIORAL HEALTH COALITION MILESTONES

TASK FORCE LAUNCHED

Mayor's Gold Star Task Force formed to address behavioral health & addiction issues. This task force is now known as the Burleigh-Morton Behavioral Health Coalition.

1

JUNE
2017

OCTOBER
2017

2

RUTH MEIER'S EMERGENCY SHELTER CLOSES / UNITED WAY OPENS SHELTER

Ruth Meier's Emergency Shelter closes, United Way opens shelter at Sunrise Apts.

SOUP CAFE OPENS

Heaven's Helpers Soup Cafe opens new facility on corner of Thayer & 23rd.

3

JANUARY
2018

NOVEMBER
2018

4

COMMUNITY FORUM

Hosted at ND Heritage Center Reid Auditorium. Public education and input collected regarding intoxication management and identifying a community solution.

PRIORITY IDENTIFIED

BMBHC identifies Low Barrier Shelter/Social Detox Facility as highest priority for unmet community needs.

5

DECEMBER
2018

MAY
2019

6

CITY CALL FOR PROJECTS

BMBHC & MVCHP submitted a proposal identifying the highest priority community need for low barrier shelter & intoxication management facility to City of Bismarck.

7

UNITED WAY SHELTER NEW LOCATION

United Way Emergency Shelter moves from Sunrise Apts to new location on S. 12th St.

AUGUST
2019

NOVEMBER
2019

8

EDWINTON PLACE OPENS

Permanent Supportive Housing that utilizes the Housing First approach with the focus of serving individuals who are facing chronic homelessness who may be dealing with mental illness and/or addiction. 40 one-bedroom apartments.

9

HEARTVIEW OPENS RESIDENTIAL TREATMENT FACILITY

Located at former Ruth Meier's Emergency Shelter location. This facility has 16 beds and 15 efficiency apartments individuals in need of support through their treatment and recovery process.

DECEMBER
2019

MARCH
2020 through 2021

10

COVID PANDEMIC IMPACT

COVID-19 pandemic impacted the community including those suffering from behavioral health, addiction & homelessness. Isolation & quarantine space for is challenging. Businesses operating 24/7 are minimal.

11

MOTM LAUNCHES COFFEE HOUSE PILOT PROJECT

Ministry on the Margins opens for a place for safety, rest & warm cup of coffee to get people out of the elements during winter weather.

JANUARY
2022

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BURLEIGH-MORTON BEHAVIORAL HEALTH COALITION MILESTONES

DREAM CENTER OPENS

1805 Park Avenue, Bismarck.
Meal options available to vulnerable populations:
Breakfast: 7 AM – 9 AM – Monday-Friday
Dinner: Monday-Friday 5:30 – 7:30 (Meal Served)
Lunch: Saturday & Sunday 12:-1:00 PM (Meal Served)

12

APRIL
2022

JULY
2022

MOTM COFFEE HOUSE PERMANENT

13

Coffee house transitions from pilot project to permanent program at Ministry on the margins.
NOW OPEN 10 PM TO 8 AM
7 DAYS/WEEK

BOULEVARD AVENUE APARTMENTS DEDICATED

Boulevard Avenue Apartments Dedicated - Lewis & Clark Development Group has finished converting a former nursing home and senior living campus into 120 units of affordable housing at 1100 E Blvd Ave in Bismarck.

14

SEPTEMBER
2022

NOVEMBER
2022

BETTER BISMARCK CAMPAIGN LAUNCHED

Pilot fundraising effort serving as a way for Bismarck to address root causes of crisis homelessness: addiction and mental health. Donations matched dollar-for-dollar by multi-district litigation funds related to opioid manufacturers and distributors.

15

STRONGER
together



MISSION

"To lead and guide a continuum of a care model to reduce substance abuse & behavioral health issues in our communities."



VISION

"A safe, healthy, vibrant community, free of substance abuse, addiction and behavioral health issues."



MENTAL HEALTH FIRST AID

Join the more than
2.6 million

First Aiders who have
chosen to be the
difference in their
community.

LEARN HOW TO SUPPORT YOUR FRIENDS, FAMILY AND NEIGHBORS

Mental Health First Aid (MHFA) teaches you how to identify, understand and respond to signs of mental health and substance use challenges among adults.

You'll build skills and confidence you need to reach out and provide initial support to those who are struggling. You'll also learn how to help connect them to appropriate support.

AFTER THE COURSE, YOU'LL BE ABLE TO:

- Recognize common signs and symptoms of mental health challenges.
- Recognize common signs and symptoms of substance use challenges.
- Understand how to interact with a person in crisis. Know how to connect a person with help.
- Use self-care tools and techniques.

Learn how to respond with the Mental Health First Aid Action Plan (**ALGEE**):

- A**ssess for risk of suicide or harm.
- L**isten nonjudgmentally.
- G**ive reassurance and information.
- E**ncourage appropriate professional help.
- E**ncourage self-help and other support strategies.

REGISTER TODAY!

Virtual Training Dates (via Zoom)

- May 4, 2023 | 8:30 a.m.-3:30 p.m.
- May 18, 2023 | 8:30 a.m.-3:30 p.m.
- May 24, 2023 | 8:30 a.m.-3:30 p.m.
- June 8, 2023 | 8:30 a.m.-3:30 p.m.
- June 12, 2023 | 3:00 p.m.-10:00 p.m.
- June 22, 2023 | 8:30 a.m.-3:30 p.m.
- July 6, 2023 | 8:30 a.m.-3:30 p.m.
- July 18, 2023 | 8:30 a.m.-3:30 p.m.
- July 27, 2023 | 8:30 a.m.-3:30 p.m.
- August 10, 2023 | 8:30 a.m.-3:30 p.m.
- August 16, 2023 | 8:30 a.m.-3:30 p.m.
- August 24, 2023 | 8:30 a.m.-3:30 p.m.

(All times listed are CT.)

NOTE: *Training requires 2 hours pre-work + a post-test and evaluation.*

Register at <https://qualityhealthnd.org/mhfa>
or scan the QR code. **You must register 2 weeks in advance of your selected date.**



Continuing Education Approval

This training has been approved for **8.75** continuing education credits as follows:

- Contact hours for nurses (North Dakota Board of Nursing)
- LCCR/LCCI hours for EMS personnel (ND EMS Unit)
- CEUs for Nursing Home Administrators (QHA is an approved provider by the North Dakota Board of Examiners for Nursing Home Administrators)
- Contact hours for Peace Officers (Peace Officers Standards and Training Board)
- CEU approval for Licensed Social Workers is pending

This course is valued at \$170. Thanks to a grant from the Substance Abuse and Mental Health Services Administration (SAMHSA), learners may attend at no charge.



Quality Health Associates
of North Dakota

In-person training is also available through FirstLink. To view the schedule, visit: <https://myfirstlink.org/events/>.

For more information, contact Michelle Lauckner, QHA, mLauckner@qualityhealthnd.org.

Take-Back Event!

Burleigh County
Senior Center



Wednesday, May 31st,
8:00 a.m. to 12 p.m.
Burleigh County
Senior Center

Burleigh County Senior Adults Program & Bismarck Burleigh Public Health

Checklist for Taking Back Unused OR Expired Medications:

- ☐ Patient Name & Prescription Number removed from container
- ☐ Leave medications in original packaging, if possible
- ☐ Place loose pills in a zip-top bag
- ☐ Liquid medications must be less than oz., in original container, and must be wrapped in a paper towel and sealed in a plastic bag

What Items WILL NOT be Accepted

Sharps (syringes, lancets), thermometers, glass, home-based care (HBC) or durable medical equipment (DME) supplies, and pharmacy inventory. Cancer medications. Residents are encouraged to ask their pharmacists where to safely dispose of these items.



Public Health
Prevent. Promote. Protect.

Bismarck-Burleigh Public Health

Burleigh County
SENIOR ADULTS PROGRAM



Say hello to



Western Plains

PUBLIC HEALTH

FORMERLY CUSTER HEALTH,
WE'RE DEDICATED TO ENSURING HEALTHY COMMUNITIES
THROUGH PROMOTION, PROTECTION, AND PREVENTION.

O P E N H O U S E

Wednesday, May 17

3 : 3 0 P M - 6 : 0 0 P M

4 0 3 B U R L I N G T O N S T . S E
M A N D A N

www.westernplainsph.org

Help is **3** Numbers Away

